

# ANCIENT SOUL, NEW BEGINNING

An OpenFloor Workshop with Lucie Nérot



Prague  
February 15th-17th, 2019

# Ancient Soul New Beginnings

## An OpenFloor Workshop led by Lucie Nérot

*"And suddenly you know: It's time to start something new and trust the magic of beginnings."*  
Meister Eckhart

Many of us come back to the dance, again and again, because, on the floor, we experience unique moments, new beginnings. In these moments, crafted by our practice and blessed by grace, we step out of our conditioning and into infinite possibilities. **Our ancient soul shows us the way to new beginnings.**

The journey of this workshop will weave the dancing prayer for these moments of grace with a practice of releasing old stories or letting them dissolve into the unified field.

**If you love to dance and your soul thrives in ritual, this workshop is for you.**

This is an experiential exploration, all faith, agnostics or atheists welcome. All Levels of experience welcome.

**Lucie Nerot is an Open Floor teacher** and a founding member of Open Floor International. She trained with Gabrielle Roth in 5 Rhythms, Richard Moss in consciousness and energy work, and A. Jodorowsky in psycho-geology and apprenticed with Andrea Juhan, creator of Libido Fundamentals. She has been dancing and teaching internationally for 20 years. She is passionate in her quest for the paths that lead us to our essential self and to the richness of human relationship. She loves to bring clarity and containment to her teaching, so that both wildness and vulnerability can emerge.

**Price :** 159€

**Early bird before November 1st, 2018 - 129€**

**Infos & registration :** Raduca Vojackova / +420 603 805 702

raduca.vojackova@gmail.com

**Lieu :** Prague

[www.dancingacrossborderers.com](http://www.dancingacrossborderers.com)

